

The Catholic Parishes of Crawford County

April 5th & 6th, 2025

Fifth Sunday of **LENT**

April 6, 2025



*Jesus said to them,
““Let the one among you who is without sin
be the first to throw a stone at her.”*

John 12:20-33

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.

Phone: (573) 885-3520 Fax: (573) 885-3501

Address: 415 W. School Ave., Cuba, MO 65453

Email: hccccuba@gmail.com

Web: holycrosscubamo.org

Fr. Anthony (Tony) Onyeihe: (573) 462-6522
aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226

Deacon Chad Lewis: (573) 885-3520

Holy Cross School Office:

Phone: (573) 885-4727

Email: holycrossschoolcuba@gmail.com

Website: www.hcschoolcuba.org

Principal, Melinda Osentoski:

holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf
Alan Collins	Christy Moreland
	Kathy Royal

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson
Vicky Dunakey	Kayla Korte

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m. & 10:00 a.m.**

Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m.

Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Sunday ~~CANCELLED~~ 8:00 a.m. ~~CANCELLED~~ 8:30 a.m.

Bishop McKnight's Monthly Prayer Intention:

**“For all who have suffered abuse, that they
may experience healing and restoration. That
we may be ever-vigilant in protecting the
vulnerable and ensuring our parishes remain
places of safety, love, and respect.
We pray to the Lord.”**



April 8 – Mass of Anointing at Holy Cross at 10 a.m.

April 13 – Palm Sunday - beginning of Holy Week

April 15 – Chrism Mass at the Cathedral in Jefferson City 3 p.m.

April 17-19 – The Triduum

Holy Thursday, April 17th - Institution of the Holy Eucharist

Good Friday, April 18th – Passion of Jesus Christ

Holy Saturday, April 19th

April 20 – Easter Sunday – The Resurrection

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 4/7 – 4/13, 2025

- 8 H.C. Tues. 8:30 a.m. - Jenny Weber ☩
- 9 H.C. Wed. 8:30 a.m. - For the Lost and Forsaken
- 10 St.F. Thurs. 8:00 a.m. - Thanksgiving
- 10 H.C. **C.M.** 10:00 a.m. - No intention requested
- 11 H.C. Fri. 8:00 a.m. - George Nisbet ☩
- 12 St.F. Sat. 4:00 p.m. - Joe Lambing ☩
- 12 H.C. Sat. 6:00 p.m. - Marlene Karns ☩
- 13 H.C. Sun. 8:00 a.m. - People of the parish
- 13 H.C. Sun. 10:00 a.m. - Tom Conduitt ☩

Mass at Cuba Manor (CM):



The Mass at Cuba Manor this month will be celebrated on the 2nd Thursday of the month (April 10th) 10 a.m. All are welcome.

Parish Collections: March 29 & 30, 2025

Parish	Envelopes		Loose		Total
Holy Cross	\$4,286.00	+	\$570.00	=	\$4,856.00
St. Michael	\$668.00	+	\$136.00	=	\$804.00
St. Francis	\$463.00	+	\$335.00	=	\$798.00



Joann Mullen, Eugene Kempf, Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie Coster, Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, James Ray, Norbert Reinsch, Allen Havard, Clayton Miller.

Faith Formation:



Classes are Wednesdays 5:30 – 6:30 p.m.

April 9 April 16 April 23 **NO Class April 30**



Order of Christian Initiation for Adults

The candidates of OCIA will meet **Sunday, April 6th** at 1:00 p.m. in the parish office. On Palm Sunday, **April 13th** the candidates and sponsors will meet after the 10:00 a.m. Mass in the church. Please continue to pray for them as travel along their Faith journey into being fully initiated in the Catholic Church.



Come Help at the Friday Lenten Fish Fry:

The Lenten **Fish Fries** are every Friday from through **April 11th**. **Time:** 4:30 – 6:30 p.m. When you arrive, ask **Norma Walls** (in the kitchen) where you are needed.



Desserts Needed! Please bring a dessert each Friday to help make our Fish Fry a success.

First Fish Fry Results – Week 4:

Last Friday there were 415 dinners sold. (267 Adults, 14 Children, 134 Carry Out) Thanks to everyone that came to work and those who came to enjoy the great food!



Proceeds will be used to repaint the Holy Cross Church

Chrism Mass at Jefferson City:



All are invited to the Chrism Mass at the Cathedral Church of St. Joseph, 2215 W. Main St., Jefferson City on **Thursday, April 15th at 3 p.m.** Refreshments will be available in Cana Hall after the Chrism Mass, RSVP at: diojeffcity.org/chrism-mass-rsvp/

Catholic Relief Service (CSR) Rice Bowls:



Pick up your family's CRS Rice Bowl. 75% of your donation supports work around the world, 25% of your donation stays within the parish for our local food pantries. You can also put your donation in a zip lock bag or envelope with your name on it, marked 'Rice Bowl'. Turn in 'Rice Bowl' donations by Sunday, April 27th (the Sunday after Easter).

Mass of Anointing:

Anointing & Healing Mass



A Mass of Anointing will be celebrated on **April 8th at 10:00 a.m.** During this Mass, the Sacrament of Anointing of the Sick will be celebrated with those that wish to be anointed. A light luncheon will follow in the parish hall. **If you or someone you know would like to attend, please call the office to help plan for the number of people for the luncheon.**

Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro. *What hour can you be before the Blessed Sacrament?*

Easter Flower Donation:



Please turn in your Easter Flower donation so it can be published in the bulletin. Use your envelope provided or put it in a marked envelope.

Stations of the Cross:



Stations of the Cross are on Fridays at 1:00 p.m. The stations are led by the school children.

Cuba Knights of Columbus Scholarships



The Knights of Columbus Scholarships are available.

Applications are at the entrance ways of the churches. Applications **MUST** be returned by

April 15th. Mail the finished application to the Knights of Columbus or bring to the parish office.

Holy Cross School End of the Year Celebration 2025

Holy Cross School will celebrate the end of the school year with an End-of-Year Celebration and celebrate the legacy



End of Year CELEBRATION

and history of Holy Cross School on May 16th! The evening will begin with a Mass at 5:00 p.m. followed by a

Catered Dinner in the hall. This is a wonderful opportunity to recognize the current students' achievements and to share treasured experiences from former students, faculty, staff, and parishioners. All are encouraged to help spread the word about this special event! **If you would like to attend, please RSVP by calling the school or parish office!**

Everyone is welcome, especially our cherished former students and staff. Let's celebrate together!

Pictures Needed:



Are you a former Holy Cross School student or parent? Holy Cross School is gathering pictures of the school for a slideshow presentation for the End-of-the-Year Celebration.

If you have photos to share, please contact the school office. If you'd like to help with this project, please see Melinda Osentoski.

Feet Washing Holy Thursday:



1 more volunteer (men or women) are needed to have their feet washed on Holy Thursday. Volunteers, call the office!

Altar Society Meeting:

The Altar Society's April meeting is Thursday, April 10th at 1:00 p.m. in the parish hall. All ladies are welcome.



Holy Week Schedule



Palm Sunday (April 12/13):
(Regular Schedule Mass times)

Holy Thursday (April 17) 7:00 p.m.

Good Friday (April 18) 7:00 p.m.

Holy Saturday (April 19) 8:00 p.m.

Easter Sunday (April 20):
8:00 a.m. Holy Cross
10:00 a.m. Holy Cross
11:30 a.m. Holy Cross (Spanish)

THE PASSION OF JESUS

STEELVILLE FIRST ASSEMBLY
APRIL 12, 13 & 18, 2025

All are welcome to "The Passion of Jesus"
Saturday, April 12th at 7:00 p.m.
Sunday, April 13th at 10:00 a.m. & 6:00 p.m.
Friday, April 18th at 7:00 p.m.
Steelville First Assembly of God located at
29 Church St. Steelville. Phone: 573-775-2044.

From the Gospel Reading - John 8: 1-11:

*Then Jesus said to the woman,
"Neither do I condemn you.
Go, and from now on,
do not sin anymore."*

Reflection:

One can imagine that hearing the Word of God, which did not condemn the woman, but set her free, might also have been a word that renewed and enabled her to start a new life. What effect would it have on us if we knew we had done wrong and were ready to be harshly and justifiably judged – and weren't? Would we feel that "the finger of God" had touched and freed us so we could start all over?

So, we ask ourselves:

- Do we remember something someone said to us that deeply affected us and made a change in our lives?
- Is there a word we need to speak to someone that will set them free?

FORGIVENESS SAYS

**you are given another chance
to make a new beginning**

LENT

A Season of Renewal



2025 Lenten Regulations:

Abstinence: Those 14 years and over are bound to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday.

Fasting: Everyone ages 18 - 59, are bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. (Other recommended forms of fasting, could include limiting alcoholic drink, needless television, video games, internet use, and social entertainment.)

Almsgiving is the act of giving to the poor. Catholics are encouraged to support generously the charitable works of the whole Church.

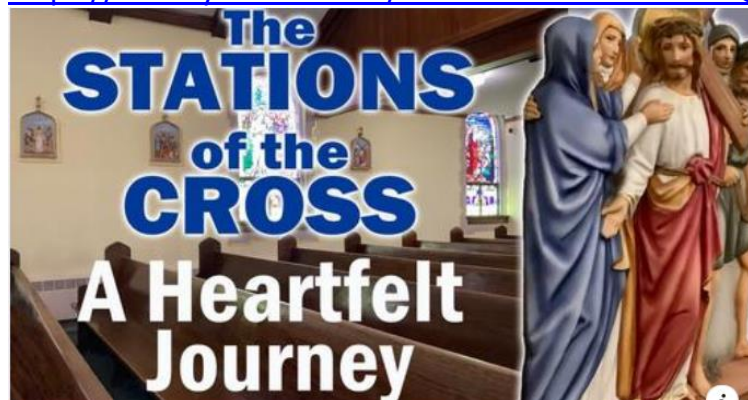
Prayer is in order to deepen one's love for Christ, all are urged to attending daily Mass and frequenting the Sacrament of Penance / Reconciliation.

Stations of the Cross:

One of our parishioners created a Stations of the Cross using Holy Cross Church! It is creatively made and is wonderful to use when praying the Stations at home.

Please check it out here:

<https://www.youtube.com/watch?v=WrpEUaNb5LQ>



Did you know about the number "40"???

- Lent consists of the 40 days preceding Easter.
- 40 days of rain, at the time of the Great Flood
- Noah sending forth the raven after 40 days
- 40 days was the time required for embalming
- Moses spent three consecutive periods of "forty days and forty nights" on Mount Sinai: 40 days of fasting by Moses
- Goliath challenged the Israelites for forty days before David defeated him
- The prophet Elijah had to walk 40 days and 40 nights before arriving to mount Horeb
- Spies were sent by Moses to explore the land of Canaan (promised to the children of Israel) for "forty days"
- Nineveh would be overthrown after 40 days
- 40 is the symbolism of the siege and exiles
- Israelites wandering in the wilderness for 40 years
- 40 years of peace in Israel
- 40 days Jesus spent in the wilderness being tempted by the devil.
- Christ appears for 40 days after the Resurrection -40 days was the period from the Resurrection of Jesus to the Ascension of Jesus.



A Lenten Prayer:



During this Lenten season, create a clean heart in me, God. Dust off the unmindful activity that constantly collects there. De-clutter my heart from harsh judgments and negativity. Wash away my resistance to working through difficult relationships. Rinse off my unloving so the beauty of my generous and kind heart can shine forth. Remove whatever keeps me from following in your compassionate footsteps. Amen.

Anointing Mass

**Tuesday, April 8
10 a.m.**

An Anointing Mass will be celebrated on
April 8th at Holy Cross Church at 10:00 a.m.
Followed by lunch and fellowship at the parish hall.

Those who are seeking physical, emotional,
mental or spiritual healing are invited to receive
the anointing. All are welcome to pray at Mass
with those seeking healing!

Join us for The Chrism Mass

*at our Cathedral of St. Joseph
in Jefferson City
on April 15 at 3:00 p.m.*



Please join us for a light meal after Mass:



RSVP online at:
diojeffcity.org/Chrism-Mass-RSVP
or scan the QR code



DIOCESE OF
Jefferson City



Travel with Fr. Alexander Gabriel
Pastor of St. Peter Church - Fulton & St. Jude-Thaddeus Church - Mokane
on our JUBILEE 2025: Pilgrimage to Italy & Poland

Where: Rome • San Giovanni Rotondo • Assisi • Krakow
• Auschwitz • Lagiewniki • Czestochowa

Trip Dates: October 26th - November 7th, 2025

Cost: \$5,999.00 - 13 Days - THIS PRICE INCLUDES AIRFARE FROM ANYWHERE IN THE U.S.
For more information and the trip Itinerary visit: <https://tinyurl.com/4kdy2xs4>

To register, please contact (855) 842-8001 or (508) 340-9370
You can also register online at www.proximotravel.com

For any questions or concerns please contact:

Proximo Travel LLC

PO Box 561

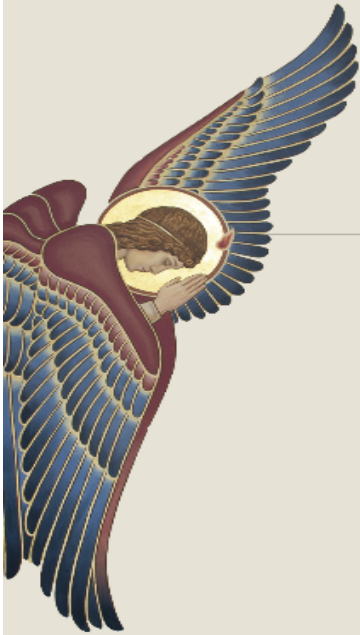
Auburn, MA 01501

Phone: (508) 854-8001 | Fax: (508) 854-8003

Email: office@proximotravel.com | Website: www.proximotravel.com

PRAYER. SILENCE. LECTIO DIVINA.

ENCOUNTERING CHRIST RETREATS



On these silent retreats you can expect:

- Silence and a technology "fast"
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- Specific times for personal prayer and *lectio divina*
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS

Jan. 24-26, 2025	July 18-20, 2025
Feb. 21-23, 2025 (full)	Aug. 29-31, 2025
May 16-18, 2025	Oct. 17-19, 2025
May 30-June 1, 2025	Nov. 21-23, 2025
June 27-29, 2025	Dec. 19-21, 2025

WOMEN'S RETREATS

Jan. 17-19, 2025	July 11-13, 2025
Jan. 31-Feb. 2, 2025	Aug. 22-24, 2025
March 21-23, 2025	Sep. 12-14, 2025
May 23-25, 2025	Oct. 31-Nov. 2, 2025
June 20-22, 2025	Dec. 12-14, 2025

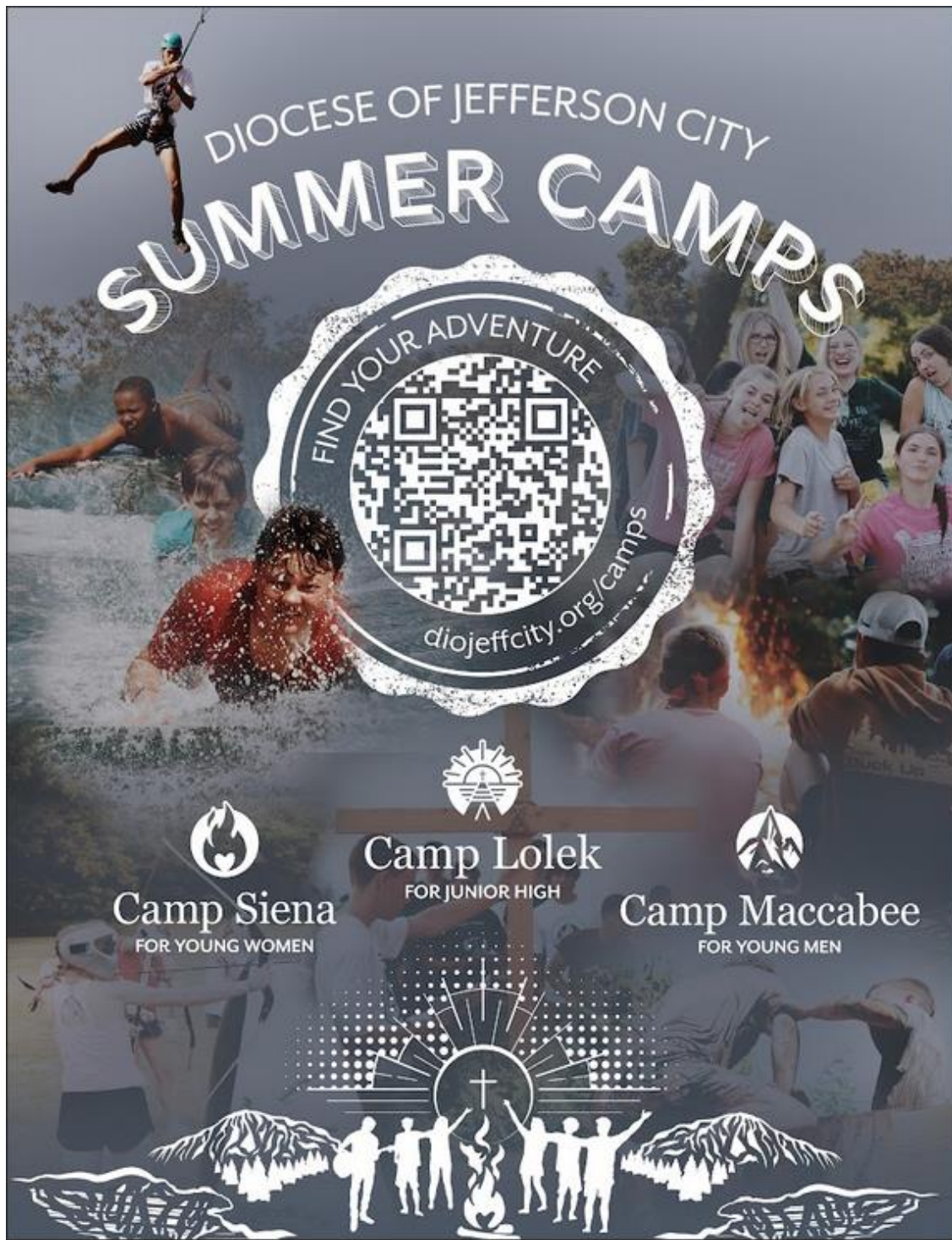
Pricing: \$250 per person.

Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

*We are located in northwest Missouri:
37174 State Hwy V V | Conception, MO 64433*

*Scan the code to visit our
website for more information!*





Summer Missionaries:

The Diocese is in the recruitment stage for summer missionary staff and they are asking for your help! They are looking for young adults who have the gift of sharing Faith with others; and would thrive in a Catholic community focused on growing in relationship with God. Each summer they hire at least 24 young adults to serve as Totus Tuus Missionaries and Camp Staff. For more information and for the application please go to:
www.diojeffcity.org/summer-missionaries

					
Joyful community & faith Camp Lolek FOR JUNIOR HIGH Boys: June 8-12 Girls: June 15-19		Adventure Sisterhood Brotherhood Leadership Camp Maccabee FOR YOUNG MEN July 2025		Camp Siena FOR YOUNG WOMEN July 2025	
<p>finalized dates for Maccabee and Siena will be announced at end of month REGISTRATION OPENS JANUARY 31</p>					
			DIOJEFFCITY.ORG/YOUTH-CAMPS		

FINDING **HOPE** IN SUFFERING

A JOURNEY THROUGH THE SORROWFUL MYSTERIES

WOMEN'S MINISTRY SPRING PILGRIMAGE

APRIL 5

9:30 A.M. — 3:30 P.M.
DOORS OPEN AT 9AM

COST: \$15

LUNCH IS PROVIDED

SHRINE OF OUR LADY OF SORROWS

197 STATE HWY P, RHINELAND, MO

REGISTER AT

diojeffcity.org/wm-spring-pilgrimage-registration



MEET OUR SPEAKER

Mary Lenaburg



Mary Lenaburg is a best-selling author, speaker, wife and mother sharing her testimony about God's redeeming love.

Mary has served her local parish as Liturgy Coordinator, youth ministry, and Confirmation catechist. She travels the country speaking to all age groups, sharing laughs and building faith.



DIOCESE OF
Jefferson City



Young Adult Pilgrimage to Uganda

JANUARY 2026

Young Adults (18-35) will have an opportunity to immerse in a different culture that practices the same Catholic faith.



Cost

\$2000
includes flights,
ground travel,
security, housing
and some meals



More Info



Apply Today

Application &
Interview due
by April 30, 2025



DIOCESE OF
Jefferson City

diojeffcity.org/young-adult-pilgrimage/

Save the Date

MidWest March for Life



THURSDAY
MAY 1, 2025

*To honor and glorify Jesus Christ
and defend innocent life.*



MISSOURI STATE CAPITOL LAWN

Jefferson City, Missouri

Activities starting at 9:00 a.m. • Rally starting at 10:00 a.m.

March Immediately Following

***Lunch Break followed by Holy Mass celebrated at
Proto-Cathedral of Saint Peter by Bishop Edward M. Rice***

Speakers:

David Bereit — Founder of 40 Days for Life

Christina Bennett — Live Action

Rebekah Hagan — Vitae Foundation

(More speakers to be announced)

WE ARE CALLED TO PROTECT LIFE

www.midwestmarchforlife.com

417-344-7118

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:



For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers – Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



FlockNote 
Keep in touch with us
VIA EMAIL AND TEXT MESSAGE
Text: **crawfordcounty**
To: **84576**
OR online at: **HCross.flocknote.com**

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.



Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.



Misa en español

CADA 1º Y 3º DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH

ASSISTIVE
LISTENING
SYSTEMS
AVAILABLE



Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.



Pope Francis Prayer Intention

APRIL

For the use of the new technologies

"Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times."

CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



APRIL 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)
PROGRESSIVES ~ The Coverall Progressive is at **\$3,000.00** with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay **\$500.00, \$750.00 or \$1,000.00**.

QUEEN OF HEARTS ~ Will be over \$9,300.

RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: **184791, 184832, 184888 and 184901.**



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

HOLY CROSS CATHOLIC SCHOOL

Grades: Preschool (3 years old) – 2nd grade.

HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms.



Check out our Facebook Page

<https://www.facebook.com/cubamoschools>

facebook Holy Cross School

Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.

Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit cccnmo.diojeffcity.org/counseling



QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

Starting Tuesday, January 7th,
from 9 a.m. to 12 p.m.,
the group will gather at the
Golden Echoes Center
(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until
St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for
those in need!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.

Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market

3rd Thursday of each month
Begins at 10:30 a.m. at the
Cuba Food Pantry

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



**Always looking for
volunteers!
Call today to help!**

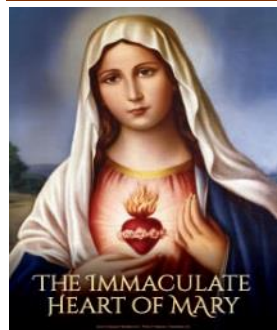
Civilize it!

Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast.



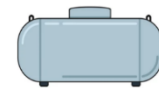
Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.

Propane Offer:

Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

Engaged? Congratulations!

Our Marriage Ministries have programs just for you, scheduled throughout 2024. Learn more and register for a Pre-Caná Conference or Engaged Encounter at diojeffcity.org/marriage-preparation.



Marriage Resources:

Marriage preparation – USCCB –

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life –

www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Caná is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/

Prayer for Pope Francis

O God, shepherd and ruler of all the faithful, look favorably on your servant Pope Francis, whom you have set at the head of your Church as her shepherd; grant, we pray, that by word and example he may be of service to those over whom he presides so that, together with the flock entrusted to his care, he may come to everlasting life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,





Call for Appointment

Joshua Bolte, D.V.M.

573-885-4838-office

573-259-VETS (8387)

100 Glassy Road

Cuba, MO 65453

PICTURE YOUR
BUSINESS HERE

CALL TO SPONSOR
573.885.3520



Cuba – Belle, MO



SULLIVAN BANK

/ A STEP UP IN SERVICE



(573) 885-0021

sullivanbank.com

Member
FDIC



Bourbon
101 E. Pine
732-5926

Cuba
701 N. Franklin
885-2511

Steelville
201 W. Main St.
773-5901

Sullivan
112 S. Service Rd. W.
468-5926

Member FDIC

www.peoplesbank.com



**Stubblefield
Enterprises**

5349 Hwy P, Cuba, MO 65453

573-885-3661



Hoppy Interiors

FLOORING, KITCHENS & BATHS
HOME SHOPPING BY APPOINTMENT

SULLIVAN, MO.

www.hoppyinteriors.com

573-860-3764

**MCBRIDE
HOMES**

Missouri's Largest Homebuilder

STEELVILLE

Senior Living

311 N. Spring Street • Steelville

573-260-8850

"A Tradition of Thoughtfulness"



Hutson Funeral Home

www.hutsonfuneralhome.com

Steelville
775-2911

Cuba
885-4747

JANITORIAL • COMMERCIAL • INDUSTRIAL • FOOD SERVICE



7Cedars Supply

We are your complete commercial
and industrial supply company

573-860-2006 • 7CedarsSupply.com



**Good Food
Good Friends
Good Times**

Dine-In or Carryout 573-775-2628
@ The Rafting Co River Resort

c!ty



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

JOIN US

MIZELL

FUNERAL HOME

**C. DON MIZELL
CODY T. MOORE**

573-885-3355

www.mizellfh.com

**AMERICAN FAMILY
INSURANCE**

RHONDA MEDOWS AGENCY

LIFE • HOME • AUTO • BUSINESS

We're here for you.



800-392-3700

www.basscanoeresort.com

bass@basscanoeresort.com

**Insurance Center
of Cuba**



Ashley Copeland, Agency Owner/Agent

Phone: 573.885.7019

Fax: 573.885.0639

ashley@insurancecenterofcuba.com

www.insurancecenterofcuba.com
503 W. Washington | Cuba, MO 65453

**HOLY CROSS
Cemetery Sales**

573-885-3520



Sinks Pharmacy
Medley Pharmacy
Towne Pharmacy
Steelville Drug

Free Local Delivery
& Med Management
Made Easier with
myMedPack.



Cuba 573-885-7212

Steelville 573-775-2900

Bourbon 573-732-3256

www.sinkspharmacy.com